Cinco de Mayo (Spanish for “May Fifth”) is a time to celebrate Mexican-American food and culture in the U.S. It’s a much bigger deal here than it is in Mexico!

Our program is Peanut/Tree nut, Pork, and Shellfish free!

Wednesday, May 1
- Saucy Meatballs On WG Sub Roll
  Carbs: 49 Cals: 410
  Sod: 744
- Choice of Two Seasoned Fresh Zucchini Sticks
- Fresh Fruit, Fruit Cup Salad Bar
- Choice of Milk Skim or 1% Low Fat

Thursday, May 2
- BBQ Chicken Patty on WG Bun
  Carbs: 45 Cals: 342
  Sod: 500
- Choice of Two Seasoned Broccoli Fresh Fruit, Fruit Cup or Watermelon Wedge
- Salad Bar
- Choice of Milk Skim or 1% Low Fat

Friday, May 3
- WG Cheese Pizza
  Carbs: 39.5 Cals: 425
  Sod: 730
- Choice of Two Seasoned California Blend
- Fresh Fruit, Fruit Cup or Watermelon Wedge
- Salad Bar
- Choice of Milk Skim or 1% Low Fat

Monday, May 6
- Cheeseburger on WG Bun
  Carbs: 50 Cals: 465
  Sod: 835
- Choice of Two Roasted Sweet Potatoes
- Fresh Fruit, Fruit Cup Salad Bar
- Choice of Milk Skim or 1% Low Fat

Tuesday, May 7
- French Toast Sticks, Chicken Sausage Patty
  Carbs: 76 Cals: 480
  Sod: 575
- Choice of Two Seasoned Fresh Zucchini Sticks
- Fresh Fruit, Fruit Cup Salad Bar
- Choice of Milk Skim or 1% Low Fat

Wednesday, May 8
- Chicken Fajita, WG Tortilla
  Carbs: 56 Cals: 386
  Sod: 1192
- Choice of Two Seasoned Fresh Zucchini Sticks
- Fresh Fruit, Fruit Cup Salad Bar
- Choice of Milk Skim or 1% Low Fat

Thursday, May 9
- WG Pasta & Meat Sauce, WG Texas Toast
  Carbs: 89 Cals: 651
  Sod: 467
- Choice of Two Seasoned Fresh Zucchini Sticks
- Fresh Fruit, Fruit Cup Salad Bar
- Choice of Milk Skim or 1% Low Fat

Friday, May 10
- WG Cheese Pizza
  Carbs: 52.5 Cals: 489
  Sod: 748
- Choice of Two Seasoned Fresh Zucchini Sticks
- Fresh Fruit, Fruit Cup Salad Bar
- Choice of Milk Skim or 1% Low Fat

A lot of people in the “Lower 48” states don’t realize just how gigantic the state of Alaska is! The next three biggest states combined – Texas, California, and Montana – don’t equal the size of Alaska. And if you could put Alaska inside the Lower 48 states, this is about what it would look like. The smallest state, Rhode Island, could fit into Alaska 425 times!
Monday, May 13
BBQ Beef Rib Patty on WG Bun
Carbs: 20 Cals: 183
Sod: 501
Choice of Two
Seasoned Green Beans
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Tuesday, May 14
WG Turkey Ham & Cheese Croissant
Carbs: 337 Cals: 349
Sod: 825
Choice of Two
Seasoned Fresh Broccoli
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Wednesday, May 15
Beef Tacos
Carbs: 39 Cals: 337
Sod: 281
Choice of Two
Seasoned Corn
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Thursday, May 16
Roasted Chicken, WG Waffles
Carbs: 40 Cals: 396
Sod: 430
Choice of Two
Orange Juice
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Friday, May 17
WG Cheese Pizza
Carbs: 42.5 Cals: 441
Sod: 765
Choice of Two
Seasoned Carrots
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Monday, May 18
WG Pancakes, Yogurt Cup, Sunflower Kernels
Carbs: 83 Cals: 570
Sod: 520
Choice of Two
Orange Juice
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Tuesday, May 19
Sloppy Joe on WG Roll
Carbs: 55 Cals: 435
Sod: 540
Choice of Two
Mini Corn on the Cob
Fresh Fruit, Fruit Cup
or Watermelon Wedge
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Wednesday, May 20
Cook’s Choice
Today’s Special Selections chosen especially for you by our Cook!

Thursday, May 21
Chicken Fajitas, WG Tortilla, Rice and Beans
Carbs: 73 Cals: 456
Sod: 973
Choice of Two
Seasoned Fresh Broccoli
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Friday, May 22
WG Cheese Pizza
Carbs: 52.5 Cals: 465
Sod: 748
Choice of Two
Seasoned Mixed Vegetables
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Monday, May 23
Top Your Own Hamburger
Carbs: 50 Cals: 465
Sod: 835
Choice of Two
Sweet Potato Fries
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Tuesday, May 24
WG Macaroni & Cheese
Carbs: 42 Cals: 322
Sod: 1358
Choice of Two
Seasoned Fresh Broccoli
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Wednesday, May 25
BBQ Chicken Chunks, WG Dinner Roll
Carbs: 62 Cals: 479
Sod: 1204
Choice of Two
Mashed Potatoes
Roasted Butternut Squash
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Thursday, May 26
WG Cheese Pizza
Carbs: 52.5 Cals: 489
Sod: 748
Choice of Two
Seasoned Mixed Vegetables
Fresh Fruit, Fruit Cup
Salad Bar
Choice of Milk
Skim or 1% Low Fat

Friday, May 27
Available Daily

Yogurt Plate
Bagel Plate
Deli Sandwich
Sunbutter and Jelly Sandwich

Daily Special Varies:
(i.e. Tuna Sandwich, Egg Salad Sandwich, etc.)